



COFFEE

2	hot (small)	4	hot (large)
4	iced coffee	3	espresso
4	cappuccino	4	latte
4	matcha	5	rose latte
5	rose matcha latte	5	rose tea latte
5	lavender latte	4	iced tea
4	buzzed tea <i>Hot or cold w local honey & bee pollen</i>		
3	hot tea		

Before placing your order, please inform your server if a person in your party has a food allergy.



*This menu item consists of, or contains meat, fish, shellfish or fresh shell eggs that are raw or not cooked to proper temperature to destroy harmful bacteria and/or virus. Consuming raw or undercooked meats, shellfish or fresh shell eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.



CLEANSSES 5 juices | 3 shots

- 35 **Weight Loss**
 - Morning Kick
 - Mr. Green
 - Mrs. Green
 - Island Breeze
 - Lemon Aid
- 35 **Reboot**
 - Mrs. Green
 - Liquid Gold
 - Cool Breeze
 - Mr. Red
 - Mellow Melon
- 35 **Detox**
 - Morning Kick
 - Lemon Aid
 - Mrs. Green
 - Mellow Melon
 - Liquid Gold
- 35 **Immune Boost**
 - Immune Aid
 - Mr. Green
 - Cool Breeze
 - Lemon Aid
 - The Vision

✂️ COMMUTER SPECIAL

pickup 35 | delivery 40

- Choice of any 2 food items
- Choice of any juice or smoothie
- Choice of small bowl and a water

Menu plans can be upgraded and adjusted for each individual.

Deliveries will be made by 9am daily. Deliveries outside of 10 miles must be discussed on a case-by-case basis.

MUST PRE-ORDER.

COMING SOON
Catering Menu & Special Events

DELIVERY AVAILABLE



Roots

JUICE BAR
& CAFE

MENU

☎ 631-729-7400

✉ ROOTSHUNTINGTON@GMAIL.COM

🌐 ROOTSNEWYORK.COM

📍 392 NEW YORK AVE
HUNTINGTON, NY 11743

📘 ROOTS JUICE BAR HUNTINGTON

📷 ROOTS_NY

TOASTS

- 9 **Avo** | bee pollen • seasonal sprouts • roots oil • roots seasoning • sunflower seeds • avocado smash
- 9 **Truffle Mushroom** | wild mushrooms • parmesan • garlic aioli • white truffle oil
- 9 **White Bean** | white bean hummus • baby kale • roasted garlic • lemon • roots seasoning
- 9 **Almond Butter** | strawberries • local honeycomb • mint • almonds
- 9 **Bruschetta** | ricotta • basil oil • parmesan • balsamic • tomato ceviche
- 10 **Burrata** | pesto • tomato ceviche • balsamic
- 10 **Tuna Poke*** | avocado • hemp seeds • red onion • ginger • soy • cucumber • edamame

SANDWICHES & ETC.

- 8 **Grilled Cheese** | choice of cheese • caramelized onions • tomatoes • roots seasoning • roots oil • pesto
- 8 **Avocado Wrap** | avocado • carrots • cucumbers • onions • edamame • ginger dressing • greens
- 8 **Thai Wrap** | carrots • peanuts • cilantro • greens • cucumber • onion • Thai chili vinaigrette • fried noodles
- 8 **Roots Taco** | carrots • edamame • cucumber • pickled onions • seasonal sprouts • ginger • avocado • roots seasoning
- 10 **Hummus Avocado Club** | pickled onions • baby greens • tomatoes • roots oil • roots seasoning • hummus • avocado
- 10 **Goat Cheese Quesadilla** | caramelized onions • figs • local honey • apricot jam
- 10 **The Vegan Wrap** | zucchini • asparagus • greens • heirloom tomatoes • white bean hummus • balsamic • garlic
- 12 **Creamy Chicken Quesadilla** | poached chicken • garlic aioli • tomatoes • cilantro • cheddar cheese • served with avocado smash
- 12 **Mac N Cheese (GF|DF)** | baby kale • chick pea pasta • dairy free cheese • truffle mushrooms • sprouts

SALADS

- 10 **Roots Salad** | baby greens • apples • walnuts • cranberries • goat cheese • bee pollen • flax seeds • local honey vinaigrette
- 10 **The Beet** | baby greens • roasted beets • cucumbers • feta • dill • arugula • red onion • lemon vinaigrette
- 10 **Tomato Ceviche** | baby greens • heirloom tomato • basil • red onion • red peppers • cucumber • citrus vinaigrette
- 10 **The Avocado** | avocado • baby greens • edamame • carrots • cucumber • red onion • scallion • ginger dressing • roots seasoning
- 10 **The Thai** | baby greens • carrots • cilantro • peanuts • red onion • cucumber • fried noodles • Thai chili vinaigrette
- 10 **Root & Grain Bowl** | quinoa • brown rice • onions • garlic • spinach • tomatoes • zucchini • avocado • roots seasoning • roots oil • asparagus

EGGS

- 6 **Roots Sammy*** 8 w/ turkey bacon
2 eggs any style • cheese • pesto • roots seasoning • roots oil • greens
- 8 **The Quick*** | 2 eggs any style • toast • side salad
- 10 **The Benny*** | poached eggs • avocado • greens • Sofrito hollandaise • on a toasted English muffin
- 10 **The Burrito*** | 2 eggs any style • quinoa • brown rice • avocado • pickled onions • pesto • edamame • greens • tomatoes
- 12 **Breakfast Quesadilla*** | eggs • cheese • Sofrito Hollandaise • side of avocado smash

SMOOTHIES

All smoothies made with almond milk.

- 8 **Green Mamba** | mango • kale • agave • banana
- 8 **The Heart Beet** | mango • dragon fruit • beet root • banana
- 8 **The Chuck** | strawberries • blueberries • banana • peanut butter • whey protein
- 8 **Parfait Smoothie** | strawberry • blueberry • banana • yogurt • granola
- 8 **Choco Banana** | cocoa • banana • local honey • cinnamon
- 8 **The Frappé** | espresso • banana • local honey • bourbon vanilla
- 8 **The Matcha** | matcha • banana • local honey • bee pollen
- 8 **Mint Chocolate Chip** | banana • mint • almonds • cocoa
- 8 **The Punch** | strawberry • banana • bee pollen • orange juice
- 8 **The Monkey** | mango • banana • orange juice
- 8 **The Pine** | pineapple • basil • banana • orange juice
- 8 **The Avocado** | avocado • banana • yogurt • local honey
- 8 **The Reggae** | strawberry • blueberries • açai • banana
- 8 **The Cam** | cocoa • banana • peanut butter • local honey
- 12 **Pineapple Colada** | pineapple • banana • coconut water in fresh coconut
- 12 **Strawberry Colada** | strawberry • banana • coconut water in fresh coconut

SMOOTHIE & BOWL ADD-ONS

1 for \$2 | 2 for \$3

- açai
- green superfood
- oats
- almond butter
- hemp seed
- peanut butter
- aloe
- lions mane
- sea moss
- bee pollen
- liquid iv
- veggie protein
- flax seed
- local honey
- whey protein
- granola
- local honeycomb

ADD-ONS

*poached chicken	4	white bean hummus	4
*seared salmon	6	hummus	4
*seared tuna	6	*eggs	3
burrata	3	turkey bacon	2
jackfruit	4	turkey sausage	2
		skirt steak	7

LARGE BOWLS

- 8 **Açai** | strawberries • blueberries • banana • mango • granola • coconut • local honey
- 8 **Pineapple Bowl** | pineapple • banana • strawberry • blueberry • granola • local honey • bee pollen
- 8 **Avocado Bowl** | avocado • banana • strawberry • blueberry • granola • local honey
- 8 **Mint Chocolate Chip** | banana • cocoa • almonds • granola • local honey
- 10 **Pitaya Bowl** | dragon fruit • mango • banana • strawberry • blueberry • granola • coconut • local honey

SMALL BOWLS

- 6 **Oatmeal** | quick oats • strawberries • blueberries • local honeycomb
- 6 **Fruit Cup** | strawberries • blueberries • bananas
- 6 **Parfait** | yogurt • granola • strawberries • blueberries • local honey
- 6 **Hummus & Veggie Sticks** | hummus • veggie sticks

JUICES

- 7 **Mr. Red** | beet • carrot • pineapple • ginger
- 7 **Mr. Green** | apple • spinach • kale • pineapple • cucumber • lemon
- 7 **Mrs. Green** | kale • spinach • apple • lime • celery • cucumber
- 7 **Liquid Gold** | pineapple • apple • lemon • ginger • turmeric
- 7 **Lemon Aid** | lemon • grapefruit • aloe • coconut water
- 7 **Island Breeze** | pineapple • kale • grapefruit • lemon • mint
- 7 **Mellow Melon** | watermelon • lemon • mint • coconut water
- 7 **Immune Aid** | pineapple • açai • ginger • orange • aloe • coconut water
- 7 **Cool Breeze** | coconut water • pineapple • basil
- 7 **Morning Kick** | beets • carrots • orange • ginger
- 7 **The Vision** | carrot • apple • ginger
- 7 **Coconut Water** | 100% coconut water
- 7 **Orange Juice** | fresh squeezed orange juice
- 9 **Fresh Coconut** | fresh coconut water in coconut

SHOTS

- 2 **Flu Shot** | açai • lemon • ginger • turmeric • black pepper • aloe
- 2 **Black Pepper** | lemon • turmeric • aloe
- 2 **Ginger** | ginger • local honey • lemon • aloe
- 2 **Focus** | basil • lemon • garlic • aloe
- 2 **Sea Moss** | sea moss • coconut water
- 2 **Chlorophyll Shot** | aloe